

McGETTIGANS COOKHOUSE

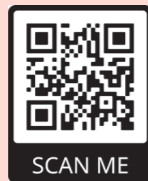
LUNCH MENU

Mon-Sun 12pm-3pm

2 COURSE SPECIAL (Available 3pm -7pm Mon-Sun)

Enjoy a Starter & Main course
Or Main course & Dessert for
25.00

McGETTIGANS COOKHOUSE



ALLERGEN LIST

1. Gluten & Wheat 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts
6. Soya 7. Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame
12. Sulphites 13. Lupin 14. Molluscs

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Peckish?

Signature starters to have on their own,
with some sides or before the main attraction!

CHICKEN WINGS (1 wheat / 3 / 7 / 9 / 12) **9.95 / 14.95**
served with a Cashel blue dip & celery
Hot Sauce / BBQ Sauce

SEAFOOD CHOWDER (1 wheat & oatmeal / 2 / 4 / 7 / 14 / GFA)
Cream based with fresh seafood & shellfish **11.95**

HAM HOCK TERRINE (1 / 7 / 9 / 10 / 12) **11.50**
Caramelized onion puree, pickled baby vegetables,
garlic & herb croute, micro salad

SLOW COOKED PORK BELLY (1 / 7 / 12) **10.50**
served with black pudding,
apple & watercress

GARLIC & CHILLI BUTTERED PRAWNS
(1 WHEAT / 2 / 7) **12.95**
Pan-fried with garlic & chilli, served
with toasted sourdough

HOMEMADE SOUP OF THE DAY (1 wheat / 7) **6.95**
served with homemade Guinness bread

**UNDER 500 CALORIES
SUPERFOOD SALAD** **10.95 / 15.95**
(2 / 7 / 8 walnut / 10 mustard / 12) GFA
Spinach, baby gem, kale, quinoa, sweet potato,
walnuts, avocado, broccoli, feta,
beetroot & a homemade vinaigrette
Add chicken 3.00 / prawn 4.00 / halloumi cheese 3.00

CLASSIC CEASAR SALAD
(1 wheat / 3 / 4 / 7) GFA **9.95 / 13.95**
with cos lettuce, parmesan, crispy bacon, croutons,
topped with a boiled egg
Add chicken 3.00

Pizza?

12" gourmet pizza with our own homemade tomato & herb sauce

MARGHARITA (1 wheat / 7) **14.95**
Mozzarella cheese, sundried tomato

PEPPERONI (1 wheat / 7 / 12) **17.95**
Mozzarella cheese loaded with pepperoni

MIGHTY MEATY (1 wheat / 7 / 12) **17.95**
Bacon, sausage, chicken pepperoni, ham,
BBQ sauce loaded with mozzarella cheese

HOT&SPICY (1 / 7 / 12) **17.95**
Pepperoni, bacon, hot sauce, jalapenos
with mozzarella cheese

VEGETARIAN DELUXE (1 / 7 / 12) **14.95**
Onion, mushroom, peppers, sundried tomato,
sweetcorn, rocket with mozzarella cheese

Ravenous?

Our signature main courses for the very hungry!

McGETTIGANS STEAK BURGER (1 wheat / 3 / 10 / 11 / 12) **18.95**
served in a brioche bun with smoked Applewood cheddar,
baby gem, beef tomato, red onion, bacon,
pickled gherkins, a mustard mayo & fries

**SIRACHA & SOY MARINATED BUTTERFLIED
CHICKEN BREAST** **18.95**
(1 wheat / 3 / 6 / 7 / 11 / 12)
Pickled Asian slaw, chilli & lime Aioli,
toasted Brioche bun

JACOBS LADDER (1 wheat / 6 / 9 / 10 / 12) **26.95**
Slow cooked prime rib of beef, crispy Tobacco shallots,
roasted baby carrots, skinny fries, watercress salad,
cookhouse jus

BEER BATTERED FISH & CHIPS (1 wheat / 3 / 4 / 12) **18.95**
Lightly battered fillet of sustainable market fish, hand cut
tartare sauce, crushed pea & mint purée, charred lemon,
cookhouse fries (please ask server)

10oz .GRASS FED RIB EYE STEAK **32.95**
(1 wheat / 3 / 6 / 7 / 9 / 12)
Truffle egg, watercress salad, cookhouse fries

10oz . IRISH NATURE SIRLOIN STEAK **31.95**
(1 wheat / 6 / 7 / 9 / 12)
served with a watercress salad & fries with a choice of garlic
butter or peppercorn sauce

SPICED SWEET POTATO, CHICKPEA & LENTIL CAKE
(1 / 9 / 12) **17.95**
Grilled baby gem, mediterranean salsa
roasted red pepper puree

Fancy a sandwich?

Add small soup or fries 3.00

THE CLUB (1 wheat / 3 / 7 / 10) **12.95**
Triple decker with chicken, bacon,
lettuce, tomato, egg & cheese

BAKED HAM & MONTEREY JACK (1 wheat / 3 / 7 / 10) **9.95**
Served on toasted glass bread with cos lettuce,
spring onion & a light mustard mayonnaise

OPEN PRAWN (1 wheat / 2 / 3 / 4 / 7) **12.95**
Served on Cookhouse Guinness bread with
smoked salmon in a dill & lime mayo

ROAST SANDWICH OF THE DAY (7 / 10 / 12) **13.95**

Some Sides?

COOKHOUSE FRIES **5.00**

GARLIC BREAD & CHEESE (1 / 7) **5.00**

SWEET POTATO FRIES **5.00**

GUINNESS BATTERED ONION RINGS (1) **5.00**

SAUTÉ MUSHROOMS **5.00**

COOKHOUSE GARDEN SALAD **5.00**

LEMON CHARRED GREENS **5.00**

TRUFFLE, PARMESAN, GARLIC & HERB FRIES **6.50**

CRISPY PANCETTA, SMOKEY MAC & 3 CHEESE CRUST **6.50**
(1 wheat / 7 / 10 / 12)

Something Sweet?

COOKHOUSE CRUMBLE (1 wheat / 7) **6.95**
served with Keelings berries, Vanilla bean ice cream

CHOCOLATE BROWNIE (3 / 5 / 8 walnut / 7 / 12) **6.95**
served with Kahlua caramel,
vanilla bean ice cream & candied walnuts

HOMEMADE VANILLA CHEESECAKE (1 wheat / 7) **6.95**
with Co. Wexford strawberry ice cream and
fresh summer berries

SELECTION OF CO. WEXFORD ICE CREAMS (7) **5.95**

**McGETTIGANS SELECTION OF IRISH CHEESE
AND GOURMET CRACKERS** (1 wheat / 7 / 12) **11.50**



As part of our sustainability
commitments, we introduce our
"50 Mile Menu".

All our dishes are now made
from ingredients sourced
within 50 miles of
McGettigans Cookhouse Connolly.